

A nationwide service

To arrange a free assessment or to discuss a referral in confidence, please call us on **0800 093 2044** or email **referrals@cambiangroup.com**

Cambian assessments are conducted free of charge by a team of dedicated assessors.

www.cambiangroup.com

 Current residents placed from authorities nationwide



Broughton House
9 beds at main house
+ 20 beds across its 4
step-down houses
High Street,
Brant Broughton,
Lincolnshire LN5 0SL



Cambian Beeches
6+6 beds
Retford Road, South Leverton,
Retford, Nottinghamshire
DN22 0BY



Elston House
6+2 beds
Top Street, Elston, Newark,
Nottinghamshire NG23 5NP



No.12 High Street
5 beds
Brant Broughton,
Lincolnshire LN5 0SL

The Cambian Group

Working with over 140 public authorities in the UK to provide specialist services in education, mental health rehabilitation and learning disabilities. The Cambian Group comprises a number of companies which are registered in England and Wales and the Bailiwick of Jersey. The details of those companies in the Cambian Group registered in England and Wales can be found at www.cambiangroup.com/about/legal CAM200 Date of preparation 05/04/13

Broughton House, No.12 High Street, Elston House & Cambian Beeches

Specialist residential autism, SLD
and challenging behaviour services



Broughton House and extended services



Michael Semilore | Service Manager

Broughton House has an exceptional track record in delivering the best outcomes for people with Autism (ASD) and Severe Learning Disabilities (SLD).

We are privileged to care for some of the most vulnerable individuals in society, who require a high degree of consistency, lifelong learning and care.

With over 20 years' experience in ASD and SLD of providing care for people with significant challenging behaviours and complex needs, we have an impeccable history of no-placement breakdowns. Broughton House offers its residents a clear care pathway which is designed with progress in mind. As part of our care pathway, our extended services enable individuals to build upon early learnt skills to achieve further independence, self-advocacy and confidence leading to better quality of life.

Our interventions are matched according to our residents' needs and Life Skills development programmes are overseen by our Activity Coordinators.

This integrated clinical and OT-led approach facilitates development of daily living skills and reduction of maladaptive behaviours.

Our staff use non-aversive positive approaches and are trained in PROACT-SCIPr-UK specialised behaviour interventions and sensory integration strategies.

Broughton House and extended services are rated 'clean and green' by CQC and are accredited centres for the ASDAN and OCR Skills for Life schemes.

Located centrally in England, Broughton House and extended services are available to meet the needs of customers nationwide.



With over 20 years' experience, and a history of no-placement breakdowns, Broughton House has a heritage of delivering the best outcomes for people with autism, SLD and complex needs.

Alongside our interventions to reduce maladaptive behaviours, our aim is to help our residents develop life skills and progress through their care pathway to achieve further independence, self-advocacy and confidence leading to better quality of life.

Resident profile

- ✔ Age 16-25 (Broughton House)
- ✔ 18+ (Extended services)
- ✔ Diagnosis of autism and learning disability
- ✔ Challenging behaviour
- ✔ Communication challenges
- ✔ Complex needs such as epilepsy
- ✔ Likely history of multiple exclusions and placement or family breakdowns
- ✔ Can have an SEN statement
- ✔ May be subjected to DoLS (Deprivation of Liberty Safeguards) or Care Orders

A recent resident profile*

James is over 6 feet tall, non-verbal who can communicate at stage 3 of PECS. Challenging behaviours include: head butting walls and windows, spitting, throwing items, digging his nails into others, occasional biting, masturbating openly and urinating inappropriately. James will be placed at Broughton for stabilisation of behaviour.

* Name changed to protect individual's identity

Our specialist 52-weeks residential services at a glance

- ✔ Consistently rated 'clean and green' by CQC
- ✔ Highly individualised and consistent approaches
- ✔ Specialist care pathways and interventions focusing on:
 - Stabilisation of behaviour
 - Lifelong learning
- ✔ Daily living skills development
- ✔ PROACT-SCIPr-UK specialised behaviour interventions including Vineland Adaptive Behaviour Scale
- ✔ Sensory integration
- ✔ PAS-ADD (mental health screening)
- ✔ TEACCH and specialist learning programmes
- ✔ ASDAN and OCR Skills for Life schemes
- ✔ Communication techniques including:
 - Picture Exchange Communication System (PECS),
 - pictures, symbols, objects of reference or signing

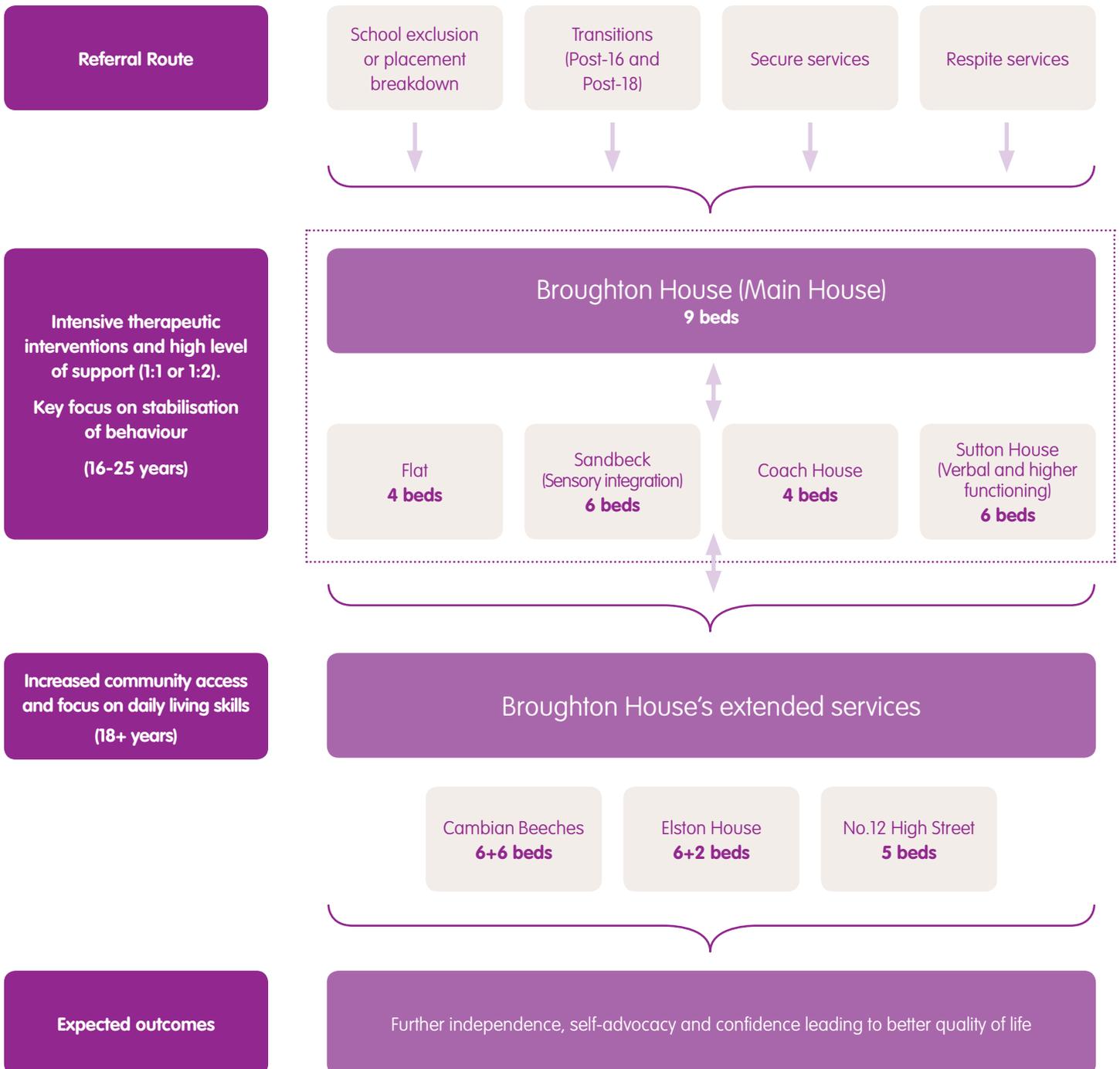
Broughton House and its extended services provide approximately **60-80m² of floor space per resident** (equivalent to a two bedroom flat) to promote low stimuli environment.





Our specialist care pathway

We never fail to recognise our residents' potential to acquire the necessary skills to progress through their care pathway and achieve their personal best.





A care pathway designed with progress in mind

Broughton House and extended services offer residents an organised and efficient care pathway delivered in environments that promote **warmth, security, consistency** and **understanding** – essential for individuals who live with autism and its day-to-day challenges.

We maintain an ethos of individual learning through experience and therapeutic services with the aim to empower individuals to progress towards an environment with less support and appropriate community access.

Each **Individual Learning Programme** in conjunction with **Behaviour Support Plans** is designed to be a gradual process in terms of development. It outlines the anticipated care needed in an appropriate timeframe to help residents move progressively through their care pathway leading to positive outcomes.

As our residents' challenging behaviours and abilities in terms of communication and life skills will vary, spanning a wide range, our care pathway is tailored according to individual needs.



Broughton House services

- ✔ Stabilisation of behaviour
- ✔ Communication and social interaction
- ✔ Core daily living skills development
- ✔ Nationally recognised accredited learning programmes

Extended services

- ✔ Daily living skills programmes
- ✔ Numeracy and Literacy
- ✔ Development of on-going learnt life skills
- ✔ Applying learnt functional skills in everyday practice
- ✔ Supporting access to social, education, vocational, financial and leisure services

supported by:

- ✔ Highly skilled staff and regular input from in-house salaried MDT
- ✔ Relational security, calm and relaxing environment
- ✔ Sensory integration



A highly individualised and consistent approach

Our interventions

Understanding the functions of individuals' behaviour and how they see the world is essential when supporting their care and personal development. We therefore have a strong ethos of positive strategies to support them.

Our MDT follows a positive and consistent approach to behaviour management consisting of person-centered planning and therapeutic services including the use of **PROACT-SCIPr-UK guidelines**. In addition, we seek to understand the nature of the maladaptive behaviour to identify its function in order to help residents develop alternative ways of coping, resulting in positive behaviour. Our aim is to reduce the severity and frequency of maladaptive behaviours.



Our interventions include:

- ✔ Behaviour support plans
- ✔ PROACT-SCIPr-UK specialised behaviour interventions
- ✔ Anger and anxiety management
- ✔ TEACCH programme
- ✔ Social education
- ✔ Speech and Language Therapy including vocabulary work, PECS, pictures, symbols or signing
- ✔ Sensory integration
- ✔ Intensive interaction therapy
- ✔ Fine motor sessions

Our Life Skills programme

- ✔ Communication
- ✔ Following routines
- ✔ Following instructions
- ✔ Choice making
- ✔ Positive behaviour
- ✔ Taking part in activities
- ✔ Taking care of self and belongings
- ✔ Being healthy
- ✔ Staying safe
- ✔ Numeracy, ICT, life files
- ✔ Budgeting skills
- ✔ Reading and writing

Our in-house MDT

- ✔ Psychiatrists
- ✔ Psychologists
- ✔ Assistant psychologists
- ✔ Speech and language therapists
- ✔ Occupational therapists (qualified in sensory integration)
- ✔ LD specialised nurses
- ✔ Activity Coordinators
- ✔ Support workers



Positive outcomes for our residents



A combination of person-centred therapeutic planning, measurement of progress and a full multi-disciplinary approach can only result in the best outcomes for the people in our care.

- ✔ Reduction in challenging behaviour
- ✔ Independence and daily living skills development
- ✔ Increased social and communication integration
- ✔ Structured routines helping with behaviour and anxiety management
- ✔ Budgeting skills including numeracy and literacy
- ✔ Empowering progression to the next level in our residents' development
- ✔ Attainment of tolerance and coping skills

Measuring progress

At Broughton House, we measure our residents' progress in a number of different ways:

- PASS-ADD
- Vineland Adaptive Behaviour Scale
- Behavioural and social progress
- Economic wellbeing (financial skills/work experience)
- Being healthy
- Sensory needs
- Staying safe
- Enjoying life
- Positive contribution

87%*

of our residents have completed and gained ASDAN certificates in **Everyday Living**.



Certificates awarded to our residents:

- ✔ Horticulture
- ✔ Getting ready to Go Out
- ✔ Horse Riding and Stable Management
- ✔ Using a computer
- ✔ Work awareness
- ✔ Residents' development
- ✔ Coping with people
- ✔ Environment

Other awards from OCR Accreditation for Life and Living:

- ✔ Communication
- ✔ World of Work
- ✔ Numeracy
- ✔ Home Management
- ✔ Leisure

Peter's journey

Peter's behaviour was very challenging when he first came to Broughton House. Diagnosed with autism and severe learning disability and with complex needs, he had previous placements that had not worked well. Peter had limited ability to express himself in language and would often be aggressive towards himself and others. He destroyed furniture, sometimes tried to hit his head against windows and also tried to head butt anyone who came near him.

At Broughton House, Peter received one-to-one, intensive support from key workers, backed by a multi-disciplinary team consisting of a consultant psychiatrist, speech and language therapists, occupational therapists and psychologists. Peter's behaviour was often unpredictable and impulsive, but psychologists carried out extensive observations to try to identify the causes of his aggression.

The MDT devised a detailed individual behaviour plan for Peter. This incorporated speech and language therapy and occupational therapy assessment, to provide consistency and continuity in his daily activities and strategies for dealing with his impulsive behaviour.

Staff trained extensively in the PROACT-SCIPr-UK specialised behaviour interventions system, devised specific ways of interacting with Peter, responding proactively to subtle changes in his behaviour and averting the risk of aggression. To help Peter communicate his wishes and to understand, staff used the Picture Exchange Communication System (PECS) of signs, symbols and pictures, allowing him choice and control over his actions.

Key workers also used sign language, timelines, picture cards and reference objects to communicate with Peter about his daily activities, helping to reduce his anxiety. Peter liked listening to music, taking baths, going swimming and watching films, so occupational therapists incorporated these in his daily activities, while positive reinforcement was used to help improve his daily living skills.

Peter had a tendency to overeat and was overweight, so healthy living activities under Cambian Live Well Choices such as swimming and walking groups were also included in his daily routine.

After a year at Broughton House, Peter can still be aggressive and impulsive on occasions, but these incidents have markedly reduced. He can work in small groups with peers and his listening and speaking skills have improved. With fewer incidents of aggression Peter can enjoy activities in the community, including visits to the local shops and his home visits have been extended.

With extensive support, Peter has made a successful transition from children's to adult services and it's likely that the coping strategies developed by staff at Broughton House will also help to make any future transitions more successful. Peter is now a less anxious and less aggressive young man and his overall quality of life has significantly improved.

Peter on admission

Peter was aggressive and impulsive.

Peter had limited expressive language or understanding of the world around him.

Peter's aggressive behaviour made it difficult for him to be involved in community activities or in activities with peers.

A year on with Cambian

Peter's incidents of aggression have reduced markedly as a result of the **PROACT-SCIPr-UK specialised behaviour interventions**. A detailed **behaviour support plan** has introduced consistency thus reducing his anxiety. **His number of incidents dropped from 43 to 17 in over 6 months.**

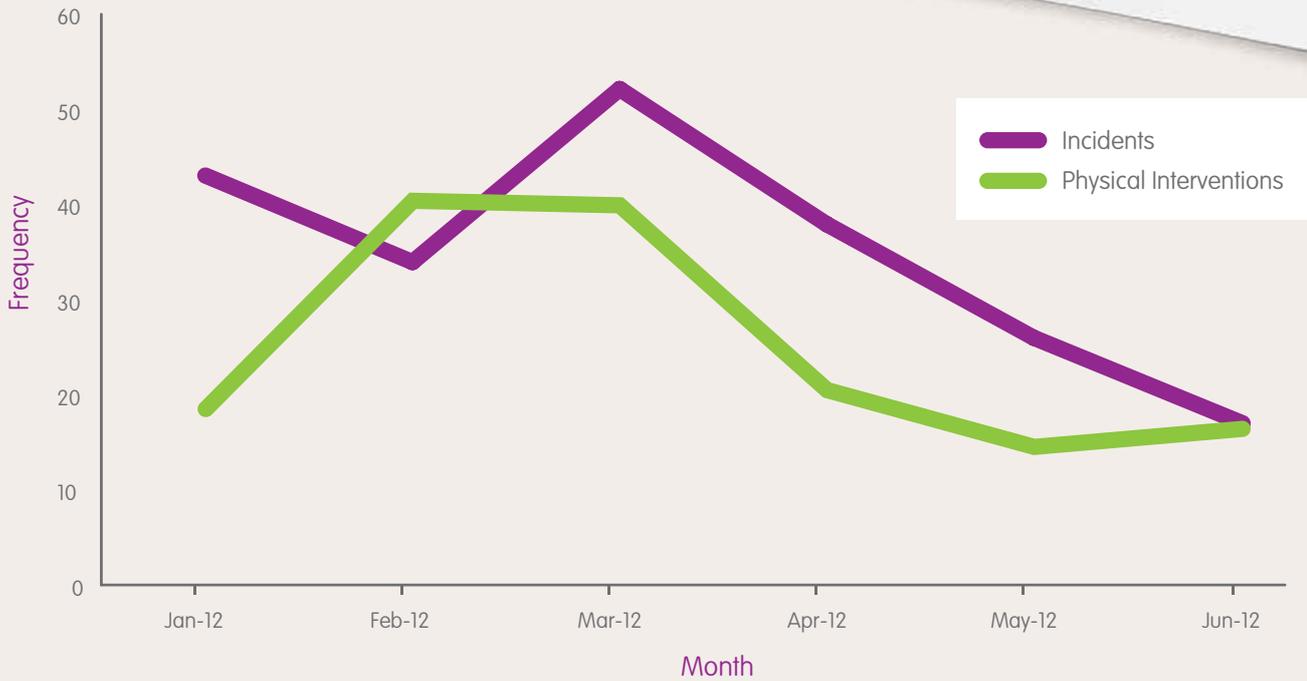
Speech and language therapists used communication tools such as **PECS, timelines and objects of reference**. Peter can now work in small groups with his peers and can communicate effectively with his key staff. **His listening and speaking skills have noticeably improved.**

With one-to-one and intensive support from key workers, Peter makes regular visits to shops and he enjoys swimming, music and watching films with his peers. **His home visits have been extended and he is able to work longer on tasks.**

Outcomes for Peter

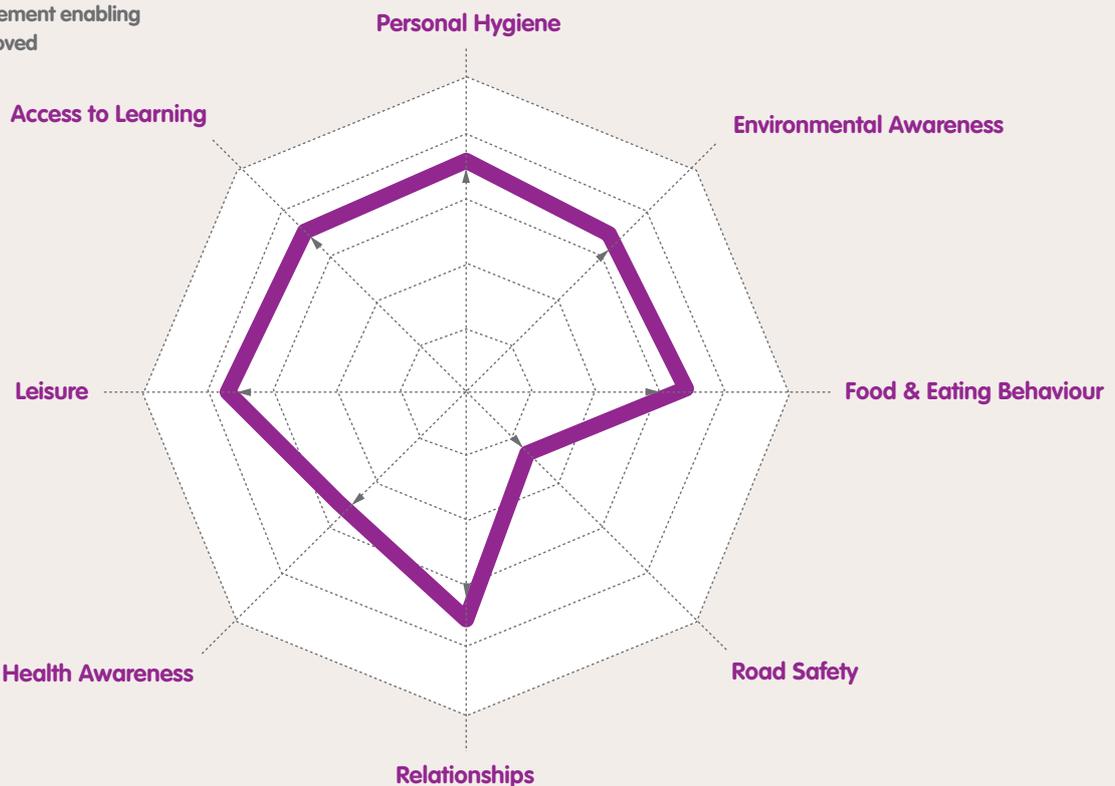


Peter's incidents and physical interventions:
last 6 months



Peter's daily living skills

DLSOS: Progress measurement enabling
focus on skills to be improved





Cambian's Live Well Choices

Cambian's Live Well Choices include **five-a-day** daily living activities, an initiative developed by our OT teams, which encourages our residents to take up to five different activities each day from house work to learning a new skill. All activities are devised and resourced by our Activity Coordinators in line with care plans and outcome measures.

Under this scheme we offer **Ministry of Food** clinics where our residents will have the opportunity to learn the value of healthy eating and how it can contribute towards their well-being.

In addition, themes such as **Loving our Health** offer our residents a range of group sessions from exercise and fitness classes to personal health.

All of our Live Well choices aim to:

- ✔ Improve our residents' health and lifestyle
- ✔ Increase energy levels
- ✔ Improve daily living skills and health awareness

Some activities under our Cambian Live Well Choices may include:

- ✔ Swimming
- ✔ Wall climbing, canoeing and camping
- ✔ Walking groups
- ✔ Meal planning and budgeting
- ✔ Cooking groups
- ✔ Aromatherapy
- ✔ Animal care: stable management
- ✔ Mini enterprises
- ✔ Relaxation
- ✔ Arts and crafts
- ✔ Social skills group
- ✔ Culture learning including local history
- ✔ Disco and dance
- ✔ Reading and writing
- ✔ Gardening
- ✔ ASDAN programmes and qualifications





Our Occupational Therapists and Activity Coordinators will always strive to facilitate meaningful activities to match our residents' needs.

Resident Activity Schedule

 MONDAY	 Shopping	 Dinner	 Walk	 Tea	 MENCAP
 TUESDAY	 Aromatherapy	 Dinner	 Gardening	 Tea	 ASDAN
 WEDNESDAY	 Gym	 Dinner	 Play park	 Tea	 Disco
 THURSDAY	 Therapy session	 Dinner	 Snack meal	 Tea	 Sensory room
 FRIDAY	 Swimming	 Dinner	 Letter	 Tea	 Art
 SATURDAY	 Recycling	 Dinner	 Bowling	 Takeaway	 Puzzles
 SUNDAY	 Life skills	 Dinner	 Trip out	 Pub Lunch	 DVD



Community Involvement

In order for our residents to achieve their personal best, re-integration into the wider community remains a strong part of the Cambian ethos.

Activities in the community will vary and they are planned to match individuals' progress.

In addition, we choose the location of our services to provide every opportunity for our residents to learn, re-learn, practise and re-practise their skills.

Broughton House & Extended services have established strong links with the community:

- ✔ Partnerships with local colleges such as Newark F.E. College
- ✔ Whisby Nature Park
- ✔ Walesby outward bound activity centre
- ✔ Local gyms
- ✔ Voluntary work centres
- ✔ Places of leisure and entertainment:
- ✔ Ten pin bowling
- ✔ Horse riding including specialist riding for the disabled
- ✔ Centre Parcs Nottingham
- ✔ Play Zone
- ✔ Charity partnerships and fund raising initiatives
- ✔ Community environment projects
- ✔ Social outings
- ✔ Local supermarkets







Our environments A 'homely feel'

We make every effort to create a welcoming and comfortable environment for the people in our care.

Well-designed buildings, well-proportioned rooms, fabrics and furnishings that please the senses, nurturing gardens and outside spaces: all these are part of the Cambian way.

Each resident's room is a bright, optimistic space, where they can feel safe, cared for and supported.

Individuals are encouraged to decorate their room in their own style. This promotes a feeling of ownership and a reawakened awareness of personal responsibility.



- ✔ En-suite bedrooms
- ✔ Extensive communal spaces
- ✔ Residents' lounges are equipped with interactive entertainment systems
- ✔ Gardens
- ✔ ICT room
- ✔ Horticultural gardens
- ✔ Kitchen therapy room
- ✔ Multi-sensory room and sensory gardens
- ✔ Laundry facilities
- ✔ Recreational and arts facilities





Working in partnership with us

For our residents, the Cambian difference is apparent from the moment the assessment begins. Our team of assessors will explain to them everything they need to know about our services and what to expect.

For the authorities and families we work with, our commitment to high quality of care is a guarantee that they have come to expect.

We pride ourselves on providing transparency to both residents and authorities including a clear proactive pathway programme so that the value and outcomes of our services are measurable at every stage of the journey.

- ✔ Free of charge assessment
- ✔ Rapid access to placements
- ✔ Care pathway progression planning from the moment admission takes place

“Thank you so much for all the wonderful care and support you have given to our son whilst he has been at Elston. We appreciate everything you have done for him.”

Parents

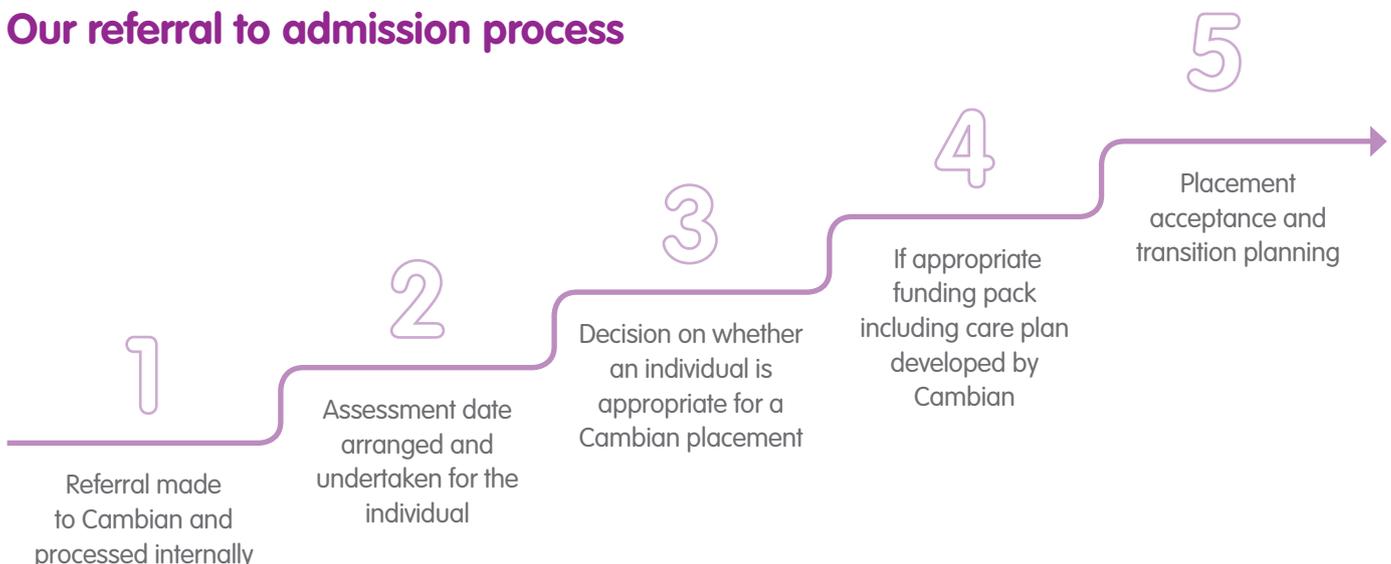
“Communication between home and Broughton House is excellent. My son has access to a wide range of community based activities and we are really happy for him.”

Parent

“Throughout the day of the inspection we observed that care staff were interacting with people in a kind and respectful manner and all observed interactions promoted people’s choice and independence.”

CQC latest inspection

Our referral to admission process



Broughton House and its extended services



Broughton House, Lincolnshire

High Street, Brant Broughton, Lincolnshire LN5 0SL

Service Manager: Michael Semilore



✔ 9 beds (main house) ✔ Mixed gender ✔ 16 - 25 years ✔ 52 weeks residential placements

Broughton House's step-down services:

20 beds across these four step-down services:

- Flat (4 beds)
- Sandbeck (6 beds)
- Coach House (4 beds)
- Sutton House (6 beds)



Cambian Beeches, Nottinghamshire

Retford Road, South Leverton, Retford DN22 0BY

Registered Manager: Keeley Jackson



✔ 6+6 beds ✔ Mixed gender ✔ 18+ years ✔ 52 weeks residential placements

Cambian Beeches is located near the towns of Retford, Gainsborough, Worksop, Mansfield and Lincoln providing easy reach to local amenities, allowing residents to benefit from a full range of community activities.

Our links with the community include:

- ✔ Asda
- ✔ Treswell Woods
- ✔ Doncaster Dome for swimming
- ✔ Doncaster Super Bowl
- ✔ Lincoln Odeon
- ✔ Newark Super Bowl
- ✔ Hobby Craft
- ✔ North Leverton Park
- ✔ Tuxford Park
- ✔ Woodcocks Public House
- ✔ Barbers Shop
- ✔ Village Walks to the Post Office
- ✔ Goachers Farm Fruit Picking
- ✔ Recycling Centre
- ✔ Local Discos
- ✔ Horse Riding
- ✔ Hydrotherapy
- ✔ Mencap
- ✔ Playzone
- ✔ Swimming at Calverton



Elston House, Nottinghamshire

Top Street, Elston, Newark, Nottinghamshire NG23 5NP

Registered Manager: Jane Bellamy



✔ 6+2 beds ✔ Mixed gender ✔ 19+ years ✔ 52 weeks residential placements

Elston House is located in the picturesque outskirts of Elston Village. The main house has 6 beds whilst its annex can accommodate 2 residents with access to their own living area and kitchen to encourage independent living.

Our links with the community include:

- ✔ Local shops in Newark
- ✔ ASDA
- ✔ Calverton school swimming pool
- ✔ Theatre
- ✔ Grantham Mencap club
- ✔ Trips to major cities
- ✔ Newark Working Men's club
- ✔ Odeon Cinema
- ✔ Dovecote Farm Riding stables
- ✔ Centre Parcs
- ✔ Newark Bowling Centre
- ✔ Recycling Centres
- ✔ Hydro



No.12 High Street, Lincolnshire

12 High Street, Brant Broughton, Lincolnshire LN5 0SL

Service Manager: Michael Semilore



✔ 5 beds ✔ Mixed gender ✔ 18+ years ✔ 52 weeks residential placements

No.12 High Street has 4 en-suite bedrooms and one self-contained annex providing opportunities for residents to develop further daily living skills.

Our links with the community include:

- ✔ RAF Waddington and Cranwell - swimming
- ✔ Garden centres
- ✔ Mencap
- ✔ Bowling at Waddington
- ✔ Playzone
- ✔ White Gate Stables
- ✔ Fulbeck Park
- ✔ Local supermarkets and shops
- ✔ Stapleford Wood (Work experience with the forestry commission)
- ✔ Whisby Nature Park
- ✔ Gym at Lowdham
- ✔ Usher Art Gallery to learn history and culture
- ✔ Discos - Newark and Balderton
- ✔ Welton Riding School
- ✔ Odeon Cinema